

8647 Wurzbach Rd. Ste A, San Antonio, TX 78240

# Your Information. Your Rights. Our Responsibilities.

This notice describes how medical/dental information about you may be used and disclosed and how you can get access to this information.

Please review it carefully.

# YOUR RIGHTS

## When it comes to your health information, you have certain

**rights.** This section explains your rights and some of our responsibilities to help you.

to help you.	
Get an electronicor	You can ask to see or get an electronic or paper copy of your
paper copy of your	medical record and other health information we have about
medicalrecord	you. Ask us how to do this.
	We will provide a copy or a summary of your health
	information, usually within 30 days of your request. We may
	charge a reasonable, cost-based fee.
Ask us to correct	You can ask us to correct health information about you that
your medical record	you think is incorrect or incomplete. Ask us how to do this.
your meanear record	We may say "no" to your request, but we'll tell you why in
	writing within 60 days.
Request confidential	- ·
communications	
communications	home or office phone) or to send mail to a different address.
A - I	We will say "yes" to all reasonable requests.
Ask us to limit what	You can ask us not to use or share certain health information for
we use or share	treatment, payment, or our operations.
	We are not required to agree to your request, and we may say "no"
	if it would affect your care.
	If you pay for a service or health care item out-of-pocket in full, you
	can ask us not to share that information for the purpose of payment
	or our operations with your health insurer.
	We will say "yes" unless a law requires us to share that information.
Get a list of those	You can ask for a list (accounting) of the times we've shared your
with whom we've	health information for six years prior to the date you ask, who we
shared information	shared it with, and why.
	We will include all the disclosures except for those about treatment,
	payment, and health care operations, and certain other disclosures
	(such as any you asked us to make). We'll provide one accounting a
	year for free but will charge a reasonable, cost-based fee if you ask
	for another one within 12 months.
Get a copy of this	You can ask for a paper copy of this notice at any time, even if you
privacy notice	have agreed to receive the notice electronically. We will provide you
-	with a paper copy promptly.
Choose someone to	If you have given someone medical power of attorney or if someone
act for you	is your legal guardian, that person can exercise your rights and make
-	choices about your health information.
	We will make sure the person has this authority and can act for you
	before we take any action.
File a complaint if you	u You can complain if you feel we have violated your rights by
feel your rights are	contacting us using the information on page 1.
violated	
violateu	You can file a complaint with the U.S. Department of Health and
	Human Services Office for Civil Rights by sending a letter to 200
	Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-
	696-6775, or visiting <u>www.hhs.gov/ocr/privacy/hipaa/complaints/</u> .
Version 3.30	We will not retaliate against you for filing a complaint.

# **YOUR CHOICES**

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:	Share information with your family, close friends, or others involved in your care Share information in a disaster relief situation Include your information in a hospital directory Contact you for fundraising efforts If you are not able to tell us your preference, for example if you Are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.	
In these cases we <i>never</i> share your information unless you give us written permission:	,	
In the case of fundraising:	We may contact you for fundraising efforts, but you can tell us not to contact you again.	

## **OUR USES AND DISCLOSURES**

How do we typically use or share your health information? We typically use or share your Health information in the following ways.

We can use your health information and share it with other professionals who are treating you.	Example: A doctor treating you for an injury asks another doctor about your overall health condition.
We can use and share your health information to run our practice, improve your care, and contact you when necessary.	Example: We use health information about you to manage your treatment and services.
We can use and share your health information to bill and get payment from health plans or other entities.	Example: We give information about you to your health insurance plan so it will pay for your services.

#### HOW ELSE CAN WE USE OR SHARE YOUR HEALTH INFORMATION?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see:

www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

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Help with public health	We can share health information about you for certain
and safety issues	situations such as:
	Preventing disease
	Helping with product recalls
	Reporting adverse reactions to medications
	Reporting suspected abuse, neglect, or domestic violence
	Preventing or reducing a serious threat to anyone's health
	or safety
Do research	We can use or share your information for health research.
Comply with the law	We will share information about you if state or federal laws
	require it, including with the Department of Health and
	Human Services if it wants to see that we're complying with
	federal privacy law.
Respond to organ and	We can share health information about you with organ
tissue donation	procurement organizations.
requests	
Work with a medical	We can share health information with a coroner, medical
examiner or funeral	examiner, or funeral director when an individual dies.
director	
Address workers'	We can use or share health information about you:
compensation, law	For workers' compensation claims
enforcement, and other For law enforcement purposes or with a law enforcement	
government requests	official
	With health oversight agencies for activities authorized by law
	For special government functions such as military, national
	security, and presidential protective services
Respond to lawsuits	We can share health information about you in response to
and legal actions	a court or administrative order, or in response to a
-	subpoena.

### **OUR RESPONSIBILITIES**

We are required by law to maintain the privacy and security of your protected health information.

We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.

We must follow the duties and privacy practices described in this notice and give you a copy of it.

We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

#### For more Information see:

www.hhs.gov/ocr/privacy/hipaa/understanding/ consumers/noticepp.html.

#### Changes to the Terms of This Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.